



# Monsignor Donovan High School

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<http://www.mondonhs.com>

## **IMPORTANT INFORMATION FOR PARENTS FROM THE MDHS HEALTH OFFICE**

*Susan R. Gill, R.N. M.S.N.*

### **PHYSICAL EXAMINATIONS**

**All incoming freshman** students are required to submit a record of a physical examination on an **official MDHS form**.

**Athletes:** The NJSIAA requires an annual physical examination for sports participants recorded on an **official MDHS form prior to tryouts**. Medical re-certification is also required for students who participate in more than one sport during the school year, prior to the start of each season.

**Forms are available on-line, in the Medical Office and the Main Office.**



### **MDHS POLICY RE: STUDENT INJURIES AND ILLNESS**

Students who become ill or who are injured during the school day must report immediately to the Health Office. The school nurse will then contact parents to discuss the situation. **No student will be dismissed from school for medical reasons without the approval of the nurse.**

**Parents – please note:** Students may use **cell phones** during specific times of the day: before and after school, and during Flex Periods. If your child contacts you by cell phone re: illness or injury during these times, please instruct them to report to the Health Office. The Health Office will continue to care for your child and be in touch with you. Parents should not report to school until they have had contact with the school nurse.